

# Center For Oral & Maxillofacial Surgery

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## OUTPATIENT SURGERY UNDER INTRAVENOUS SEDATION OR GENERAL ANESTHESIA

The following guidelines must be followed by patients scheduled for outpatient surgery under intravenous sedation or general anesthesia:

1. The patient must have been seen by the surgeon who will operate the case for a preoperative consultation within six months prior to the date of surgery.
2. The patient must not take any solid food or fluids of any kind (not even water!) for **EIGHT** hours prior to their surgical procedure.
3. The patient must be accompanied by an adult at least 18 years of age who will remain at the office and drive him/her home. If the patient is taking a cab or bus, he/she must still be accompanied by an adult.
4. Do not wear eye/facial make-up, nail polish, contact lenses, wigs/ hairpieces or jewelry of any kind (this includes facial/ tongue rings).
5. Patients should wear loose fitting pants, or pajama pants and a **short** sleeved loose fitting shirt. Please do not layer clothing or wear one-piece outfits.
6. If a prescription for medication is given by the surgeon to take prior to the procedure, please take as directed with only a **SIP** (one teaspoon) of water. If given a prescription for Halcion, **do not drive while on this medication... this medication will impair your judgment!** Make sure someone stays with you once you have taken the medication. Please be sure to consult with the surgeon regarding any medications you are currently taking.

**PLEASE REMEMBER TO WEAR ONLY LONG/ LOOSE PANTS,  
AND LOOSE T-SHIRT. NO SHORTS OR TANK TOPS !**

7. Do not consume alcoholic beverages for at least 24 hours prior to the procedure and for 7 days afterwards.
8. Do not use any tobacco products for at least 24 hours prior to the procedure and for 5 days afterwards.
9. If symptoms of a common cold, (sore throat, runny nose, fever, chills and or cough), or any other illness develop prior to the day of your surgery, please notify the office within 24 hours of your appointment so that the doctor can evaluate if your procedure has to be rescheduled for another day.
10. Please note that antibiotics may make birth control medications ineffective.
11. Payment is expected in full on the day of the procedure and is payable by cash, check, Visa, MasterCard, Discover and American Express.
12. Patients arriving late for surgery may not be able to be treated and may need to reschedule.

**NOTE:** Outpatient surgery is scheduled as a convenience and economic savings to the patient to avoid the added cost of hospitalization. Failure to follow these directions jeopardizes the safety of the patient under intravenous sedation or general anesthesia. Violation detected prior to surgery will result in cancellation of the surgery appointment.

I have read the above instructions, understand their importance to my health and safety and agree to follow them as a condition of my appointment for outpatient surgery.

Patient/ Parent Signature:

Date:

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Witness:

Date:

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